

Benefit Summary

BlueDental Choice QF Plan

Taking care of your teeth and gums now can save you time, pain, and money later on. A BlueDental ChoiceSM QF plan can help improve the oral and overall health of you and your family. It's also compliant with the Affordable Care Act.

Go ahead and smile—you can afford to

Our BlueDental Choice QF plan for adults and children stresses preventive care and offers many valuable benefits, including major restorative services. You can choose any dentist, in network or out of network. However, using a dentist in our network offers you richer benefits.

Choice QF plan benefits

- Access to a large PPO dental network¹ in Florida and nationwide
- TeleDentistry.com service for emergency or after-hours help
- Discounts on braces and cosmetic dental work²
- No referral needed to see a specialist

Oral Health for Overall Health

If you have a qualifying medical condition, the Oral Health for Overall Health program gives you additional benefits that can help improve your overall health.³ These benefits are valued at over \$1,000 and are covered 100% when you see a participating provider. We make it easy to participate—if you have medical and dental coverage with Florida Blue, we'll enroll you automatically.



Maximum Rollover

Your benefits go further with Maximum Rollover, which lets you save a portion of unused benefit dollars to use in future years. Over time, you can reach up to \$2,000 in annual benefits, compared to the standard \$1,000 plan maximum.⁴ There are no fees and no paperwork to complete.



Your dental benefit dollars can add up

BlueDental Loyalty

BlueDental Choice QF adult plans provide you with extra services after reaching membership milestones, beginning at just six months. These include an exclusive customer service phone number and additional cleanings that can help you have a brighter, healthier smile. You're automatically enrolled, so it's easy to earn extra perks.



To find a dentist in our BlueDental Choice network, visit floridabluedental.com/find-a-dentist and select BlueDental Choice from the Select Plan Name list.

Questions?

Our customer service associates can help! Just call 1-888-223-4892, Monday through Friday, 8 a.m. to 8 p.m., or visit floridabluedental.com.

BlueDental Choice QF

	In-network You Pay	Out-of-network You Pay
Pediatric Benefits (to age 19)⁵		
Deductible (only applies to basic and major services)	\$50	
Out-of-pocket maximum if only one child is covered	\$400	Unlimited
Out-of-pocket maximum if more than one child is covered	\$800	Unlimited
Preventive Services	No Waiting Period	
Oral exams	0%	20%
Cleanings	0%	20%
Bitewing X-rays	0%	20%
Fluoride treatment	0%	20%
Sealant—per tooth	0%	20%
Basic Services	No Waiting Period	
Fillings	20%	40%
Emergency treatment of dental pain	20%	40%
Extraction—erupted tooth or exposed root	20%	40%
Major Services	No Waiting Period	
Crowns	50%	70%
Root canals	50%	70%
Dentures	50%	70%
Partials	50%	70%
Medically necessary implants (preauthorization required)	50%	70%
Medically necessary orthodontics (preauthorization required)	50%	70%
Additional Benefit Programs		
Oral Health for Overall Health	Included	
TeleDentistry.com benefit	2 consultations per year	
Adult Benefits (age 19 and older)		
Deductible (only applies to basic and major services)	\$50	
Adult annual maximum	\$1,000	
Preventive Services	No Waiting Period	
Oral exams	0%	20%
Cleanings	0%	20%
Bitewing X-ray	0%	20%
Basic Services	6-Month Waiting Period⁶	
Full mouth X-rays	20%	40%
Fillings	20%	40%
Emergency treatment of dental pain	20%	40%
Major Services	6-Month Waiting Period⁶	
Crowns	50%	70%
Dentures	50%	70%
Extractions	50%	70%
Root canals	50%	70%
Periodontal scaling and root planing—4 or more teeth per quadrant	50%	70%
Additional Benefit Programs		
Maximum Rollover	Included	
Oral Health for Overall Health	Included	
BlueDental Loyalty	Included	
TeleDentistry.com benefit	2 consultations per year	

BlueDental Choice QF Limitations and Exclusions

1. Any retreatment of root canals are payable one (1) year after completion date of root canal therapy.
2. Restorations made of amalgam, silicate, acrylic, and composite materials to restore diseased teeth are only payable on the same tooth surface once every twelve (12) consecutive months.
3. The gingivectomy or gingivoplasty per quadrant allowance will be paid when two or more teeth are billed on the same date of service, same quadrant.
4. Sealants are limited to the first and second molars for primary teeth and the bicuspid and molars for the permanent teeth of dependent children.
5. General anesthesia and intravenous sedation is payable only if given in connection with covered surgical procedures.
6. Periodontal maintenance procedures following active therapy is limited to two (2) times per Calendar year. Periodontal prophylaxis will be subject to the same limits as a routine prophylaxis. The total benefit for prophylaxis is limited to two (2) times per Calendar year.
7. Periodontal services are limited to insureds age eighteen (18) and older.
8. Services performed outside the United States, its territories, and possessions are not covered, except for palliative emergency treatment.
9. Multiple amalgam or composite restorations on one surface will be considered one restoration. The allowance includes insulating base and local anesthesia.
10. All fixed prosthetics are billable upon the seat/insertion date.
11. All removable prosthetics are billable upon final delivery.
12. Intraoral X-rays, complete series including bitewings not covered if performed same day as Panoramic X-ray image.
12. Procedures, appliances, or restorations necessary to alter vertical dimension and/or restore or maintain the occlusion. Such procedures include, but are not limited to, equilibration, periodontal splinting, full mouth rehabilitation, restoration of tooth structure lost from attrition and restoration for malalignment of teeth.
13. Local anesthesia when billed separately by a dentist.
14. Any services paid or payable under the insured's health insurance policy.
15. Services not listed in this policy or any schedules attached to this policy.
16. Charges for a more expensive service, procedure, or course of treatment than is customarily provided by the dental profession, consistent with sound professional standards of dental practice for the dental condition concerned. Payment for such charges under this policy will be based on the allowance for the least costly service, procedure, or course of treatment.
17. Any additional treatment required due to the insured's failure to follow instructions, or lack of cooperation with the dentist.
18. Treatment for any illness, injury, or medical conditions arising out of: war or act of war (whether declared or undeclared), participation in a felony, riot or insurrection, service in the armed forces or auxiliary units, and attempted suicide or intentionally self-inflicted injury, whether sane or insane.
19. Services rendered before the effective date of coverage.
20. Services rendered after termination of coverage, except as provided under "Extension of Benefits upon Contract Termination."
21. Charges for services or supplies for sterilization. Charges for sterilization are included in the allowance for other covered dental procedures.
22. Any denture or bridge replacement made necessary by reason of loss, theft, or alteration by an insured.
23. Services in connection with any crown, inlay or onlay restoration, or for any denture or bridge if treatment began prior to the insured's coverage under this policy.
24. Duplicate or temporary denture, crown, or bridge.
25. Labial Veneer restorations.
26. General anesthesia and intravenous sedation administered exclusively for patient management or comfort.
27. Charges for nitrous oxide.
28. Services, other than those provided to a newborn child, with respect to congenital (hereditary) or developmental malformations or cosmetic reasons, including but not limited to cleft palate, maxillary or mandibular (upper or lower) malformations, enamel hypoplasia (lack of development), fluorosis (a type of discoloration of the teeth), and anodontia (congenitally missing teeth).
29. Prescribed drugs, premedication, or analgesia.
30. Extra oral grafts (grafting of tissues from outside the mouth to oral tissues).
31. Charges for oral hygiene, plaque control, or diet instruction.
32. Charges for orthodontia services unless indicated on the Schedule of Benefits.
33. Charges for sterilization are included in the allowance for other covered dental procedures.
34. Charges for biohazardous waste disposal are included in the allowance for other covered dental procedures.
35. Charges associated with accidental injuries to sound, natural teeth.
36. Charges for implants unless indicated on the Schedule of Benefits.
37. Cone Beam Imaging and Cone Beam MRI procedures.
38. Hospital costs or any additional fees that the dentist or hospital charges for treatment at the hospital (inpatient or outpatient).
39. Fabrication of athletic mouth guard.
40. Internal and external bleaching.

The following are excluded under this policy:

1. Coverage for installation of an initial prosthodontic appliance that replaces any teeth missing prior to an adult insured's effective date of coverage.
2. Services or supplies which are not medically necessary according to accepted standards of dental practice, as determined by our consulting dentists, or which are not recommended or approved by the attending dentist.
3. Charges for services or supplies when billed by other than a dentist.
4. Benefits for services rendered by a member of your family, (your spouse and the child[ren], brothers, sisters and parents of either you or your spouse).
5. Services rendered primarily for cosmetic purposes.
6. Charges incurred for failure to keep a dental appointment.
7. Services rendered through a medical department, clinic or similar facility provided or maintained by, or on the behalf of, an employer, mutual benefit association, labor union, trustee or similar persons or groups.
8. Medical services related to the treatment of temporomandibular joint (TMJ) (temporal bone – lowerjaw) dysfunctions (craniomandibular disorders, craniofacial disorders).
9. Experimental or investigational treatment.
10. Dental services received or rendered:
 - a. through or in a veteran's hospital or government facility due to a service connected disability;
 - b. which are covered and paid under Workers' Compensation or similar law; or
 - c. which are coordinated with another insurance policy providing dental benefits for the same charges, to the extent that the total amount payable under both plans exceeds 100% of the FCL allowance for expenses actually incurred.
11. Services for which the insured incurs no charge.

This is not an insurance Policy and only the actual provisions of an issued Policy control. Florida Combined Life's Policies set forth the rights and obligations of covered persons and Florida Combined Life. Please be aware that certain limitations and exclusions apply, and certain coverage may reduce or terminate due to age or lack of eligibility. Please read your insurance documents carefully.

¹Networks are comprised of independent contracted dentists.

²Certain dentists have voluntarily agreed to offer a 20% discount off their usual charge for non-covered cosmetic or orthodontic services. These dentists are identified by an affiliation to either the Cosmetic Dental Discount Program or Orthodontic Discount Program. Because these dentists are neither contractually nor legally bound to offer these discounts, we recommend that you contact the provider to inquire about the continued availability of any discount prior to scheduling an appointment.

³These conditions include diabetes, coronary artery disease, stroke, oral cancer, head and neck cancers, Sjogren's syndrome, pregnancy, chronic obstructive pulmonary disease, end-stage renal disease, and metabolic syndrome.

⁴Rollover applies to members age 19 years old or older and active on the last day of the calendar year. To qualify, you must also receive at least one covered service during the calendar year (routine cleanings qualify). The amount that can be rolled over is capped at \$1,000—added to the plan's annual maximum of \$1,000, your total annual benefit can reach \$2,000. Rollover dollars do not expire.

⁵Pediatric dental benefits end on the last day of the calendar year of the covered person's 19th birthday.

⁶Waiting periods may be waived with proof of prior credible dental coverage.

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ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-352-2583 (TTY: 1-877-955-8773).

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis ed pou lang ki disponib gratis pou ou. Rele 1-800-352-2583 (TTY: 1-800-955-8770).

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